



5300 W Hillsboro Blvd, Suite 110  
Coconut Creek, FL 33073  
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### **Sports Physical Policy and Consent for Parents**

Patient Last Name: \_\_\_\_\_

Patient First Name: \_\_\_\_\_

Patient DOB: \_\_\_\_\_

If your child did the last well visit within one year, we will fill out one sports physical form at no cost. Any subsequent sports physical after the first one has been completed, will have a \$25 charge. If your child did not have a well check up within the last 12 months, you will be required to schedule an appointment for a well check up in order to request your child sports physical. The parents or legal guardian must fill out their part of the sports physical form and deliver to our office, completed and signed. It will be at our physician's discretion, the request for an office visit in order to complete the sports physical form, even if your child had a well exam within 12 months. In this case, there is a \$25 charge.

Pre-participation physical exams cannot predict or guarantee that your child will be risk free participating in a sport. As you might expect, there is a greater chance of injury in contact and collision sports. Additionally, routine sports physicals do not reveal some cardiac abnormalities. Cardiac conditions may exist despite normal screening and examination findings. Participating in a sport may cause symptoms of undiagnosed conditions to occur and may even cause serious health problems, including sudden death.

I understand that there are potential dangers of sports participation including injury, cardiac complications and other health problems that are previously undiagnosed.

I have read and understand the above statements.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date